

Workers from the office sector

MSD conference, Brussels 9-10 October 2007

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Sif, Sweden
October 2007

■ Purpose: To investigate how safety delegates and members experience their work environment and the preventive work to avoid MSD.

■ Target groups: → Safety delegates of Sif and HTF (with an e-mail address)
→ Members of Sif (a representative selection of members)

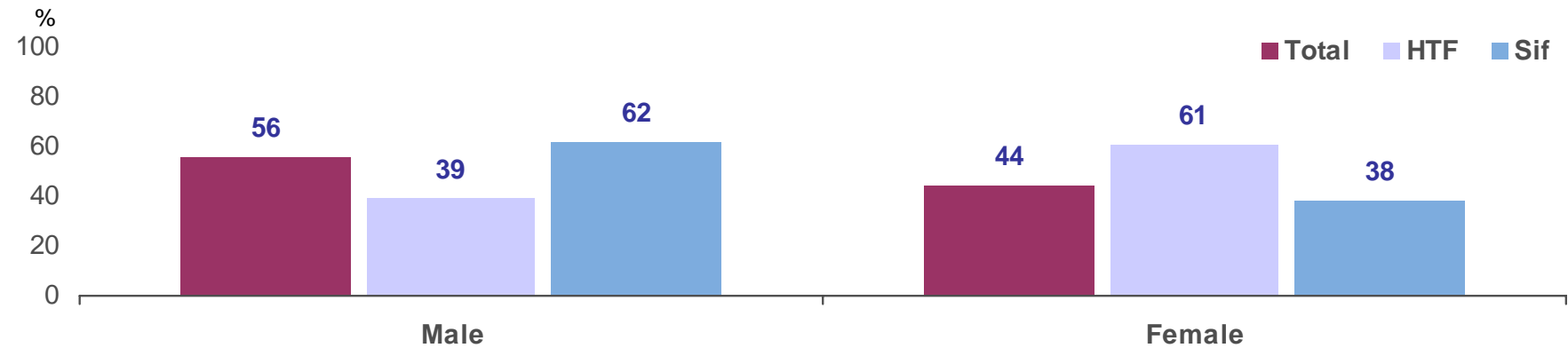
■ Method: Web survey, open 21/8 – 7/9 2007

■ Nr of respondents:	Safety delegates	HTF 71%	Sif 55%
	- Completed surveys:	680 st	1690 st
	Members		Sif 44%
	- Completed surveys :		1828 st

Background data of the safety delegates

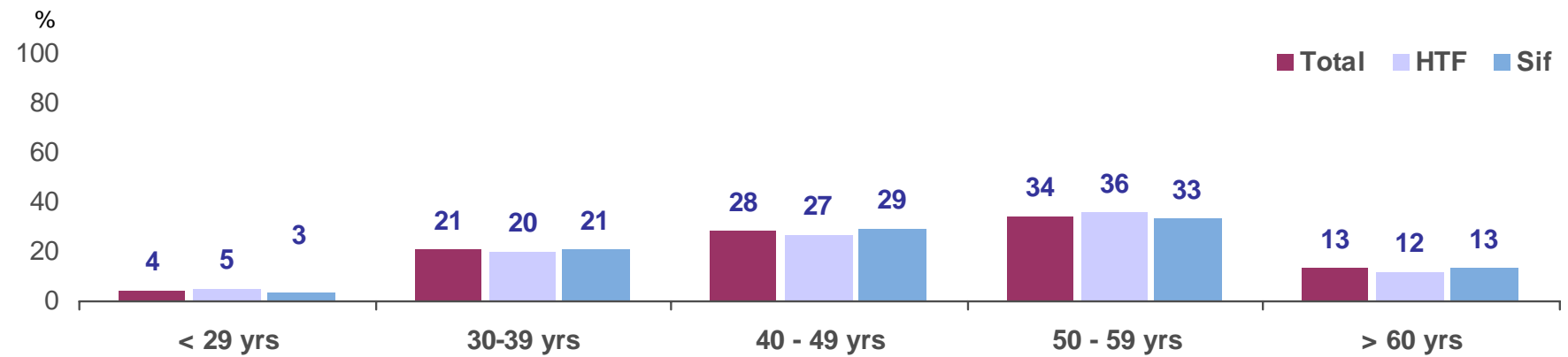
Base: All, 2435 IP (HTF 694 IP, Sif 1741 IP)

Sex



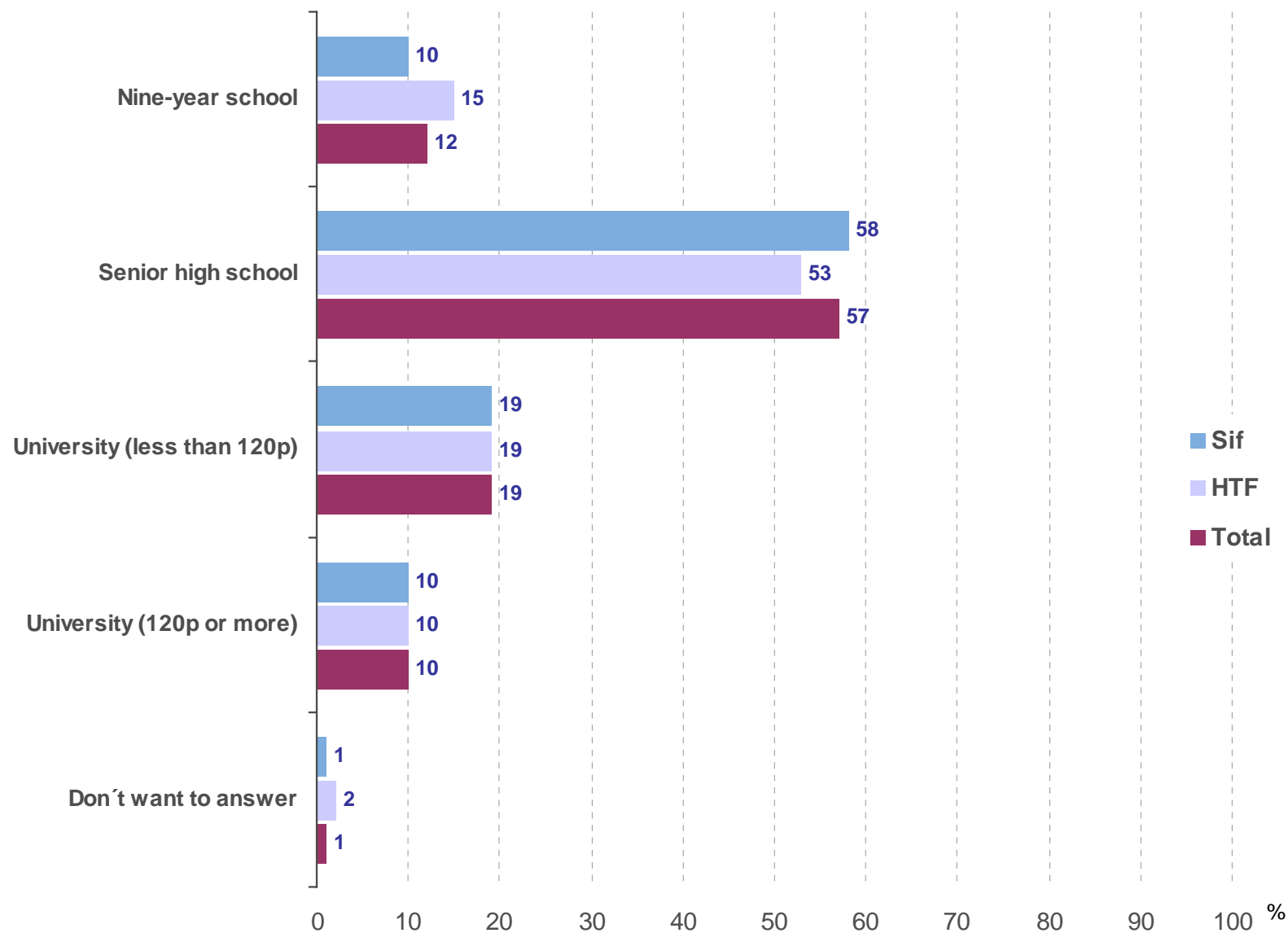
Base: All, 2435 IP (HTF 694 IP, Sif 1741 IP)

Age



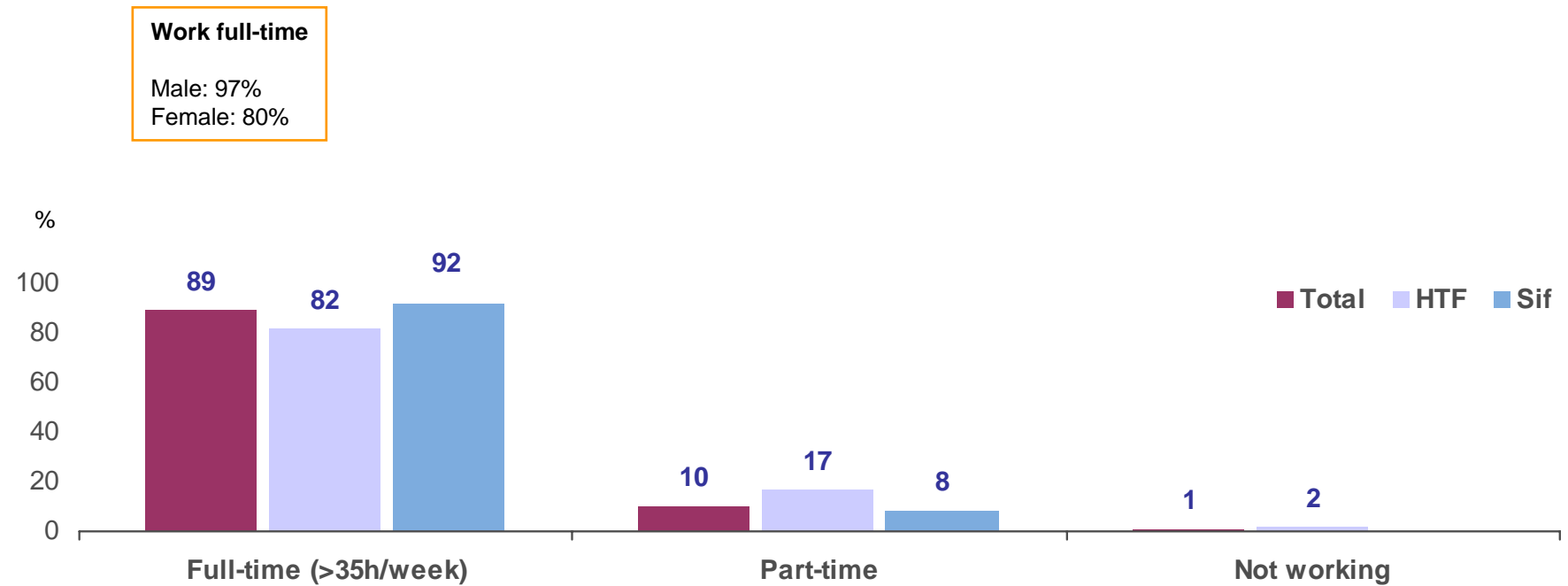
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Education



Base: All, 2459 IP (HTF 700 IP, Sif 1759 IP)

Do you work full-time or part-time?

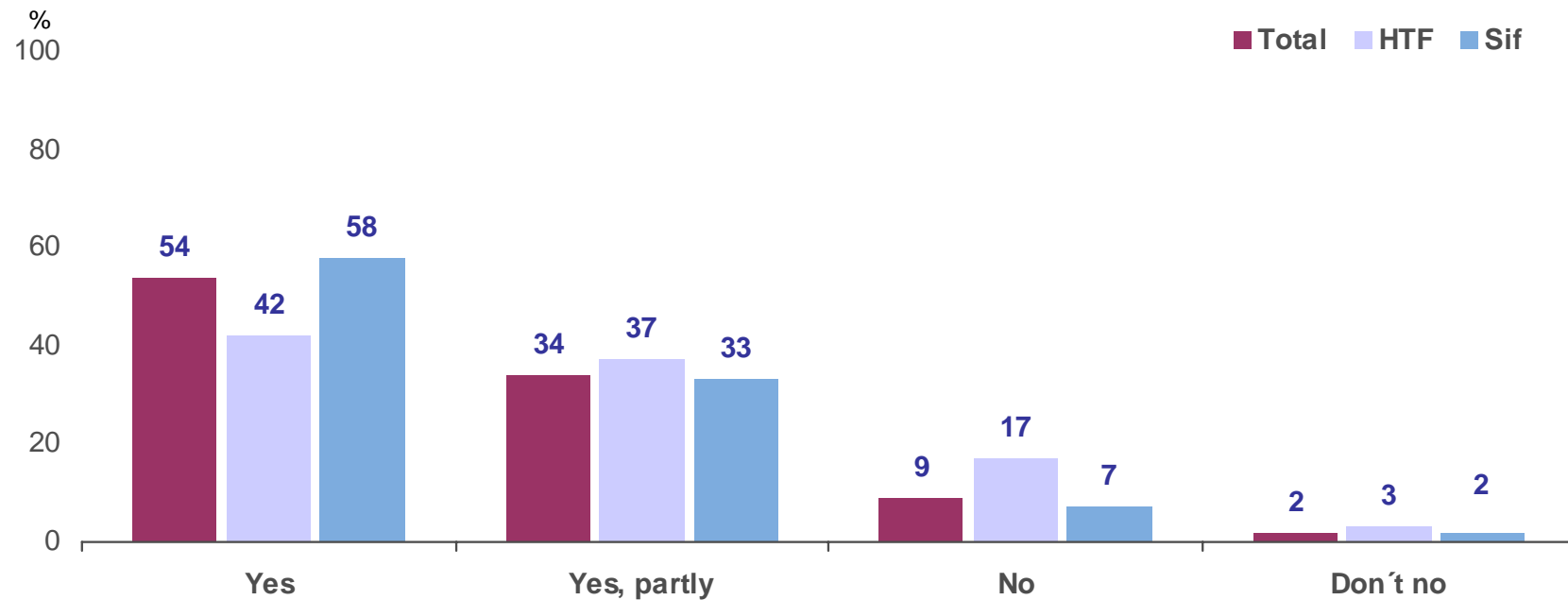


Results of the safety delegates

Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

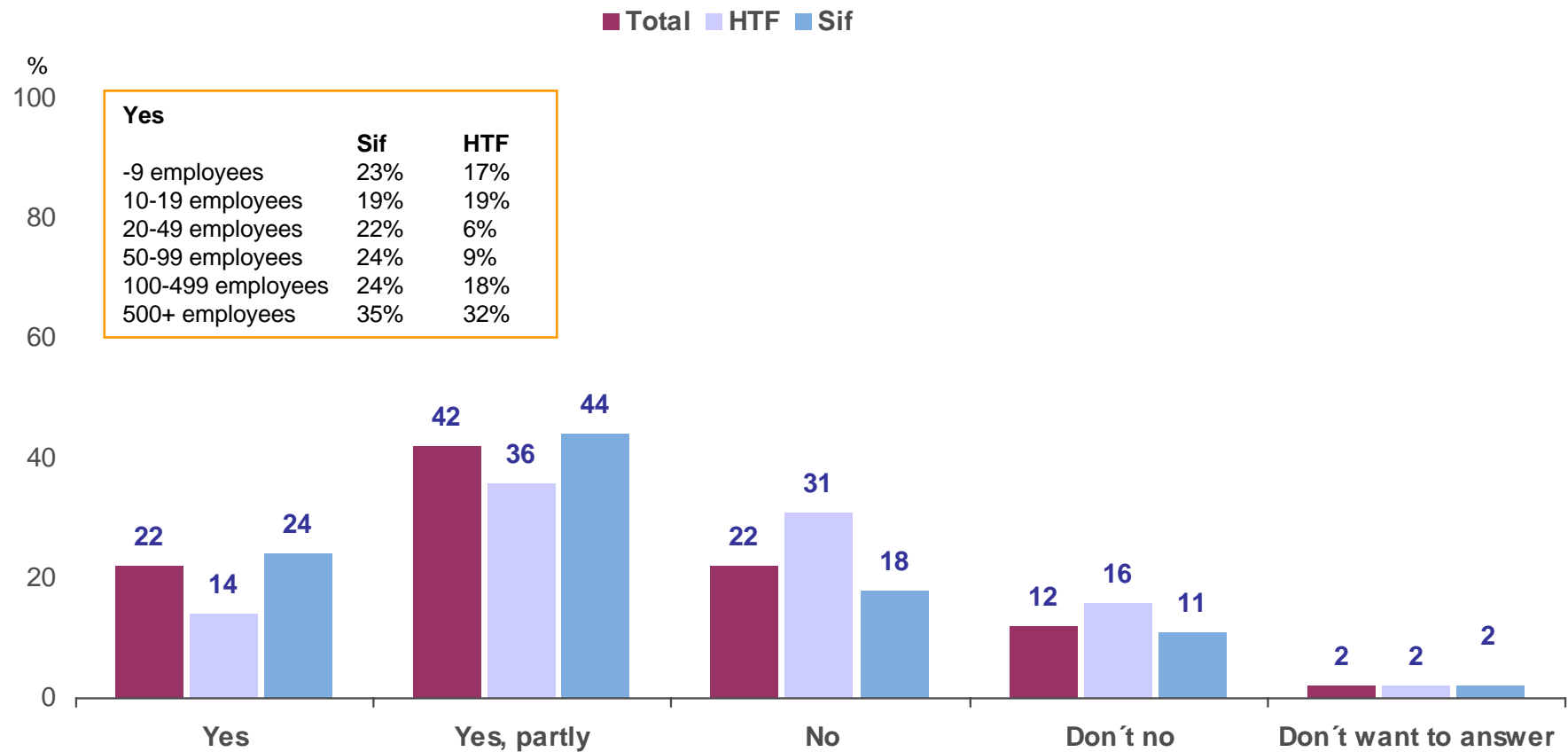
Systematic work environment management at the workplace.

Yes	Sif	HTF
-9 employees	50%	37%
10-19 employees	55%	40%
20-49 employees	61%	32%
50-99 employees	46%	48%
100-499 employees	53%	54%
500+ employees	72%	68%



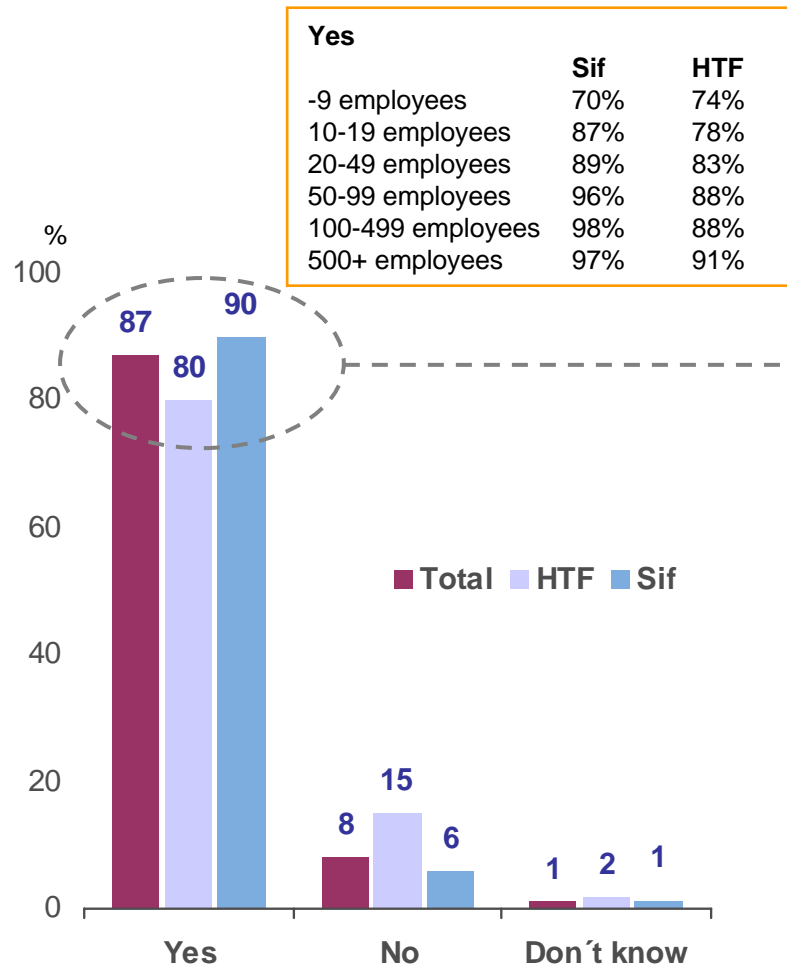
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Is there a risk assessment carried out (in the perspective of the work environment) before planned changes?



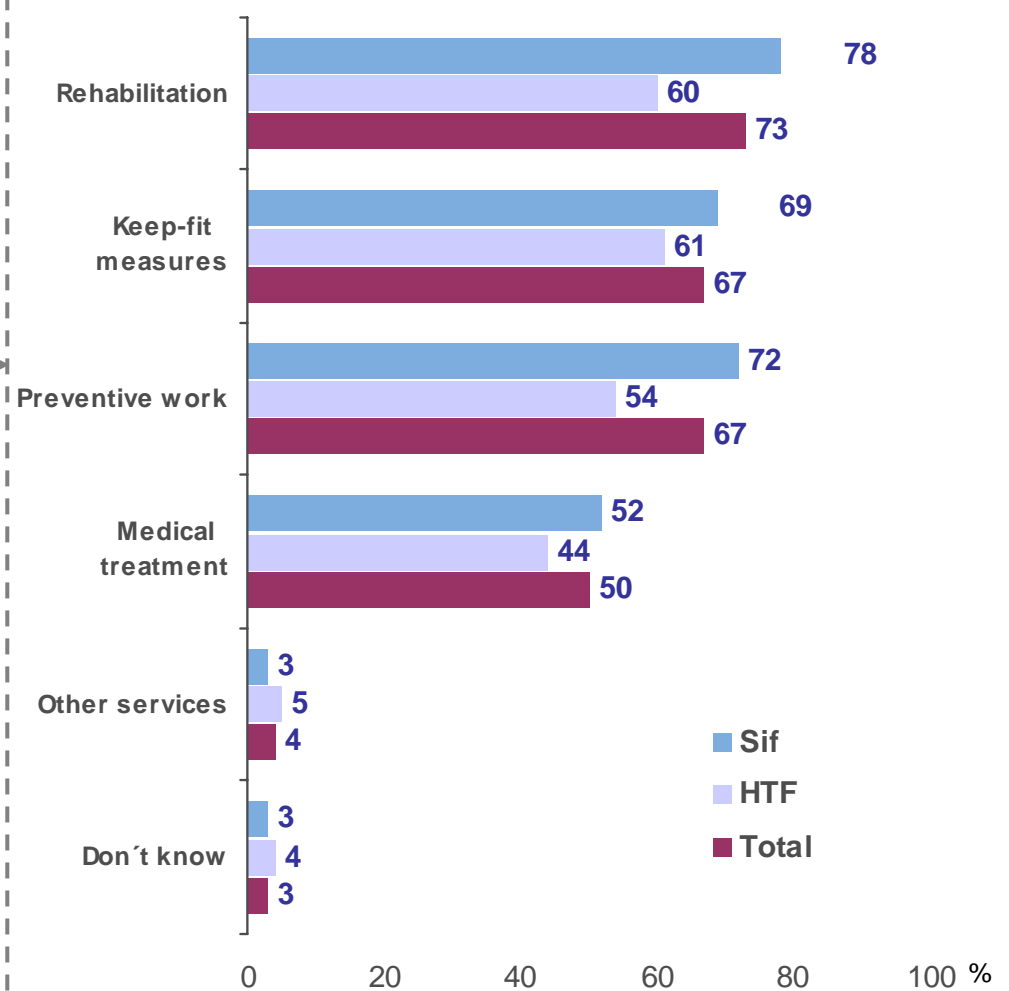
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Do the employees at the workplace have access to occupational health service?



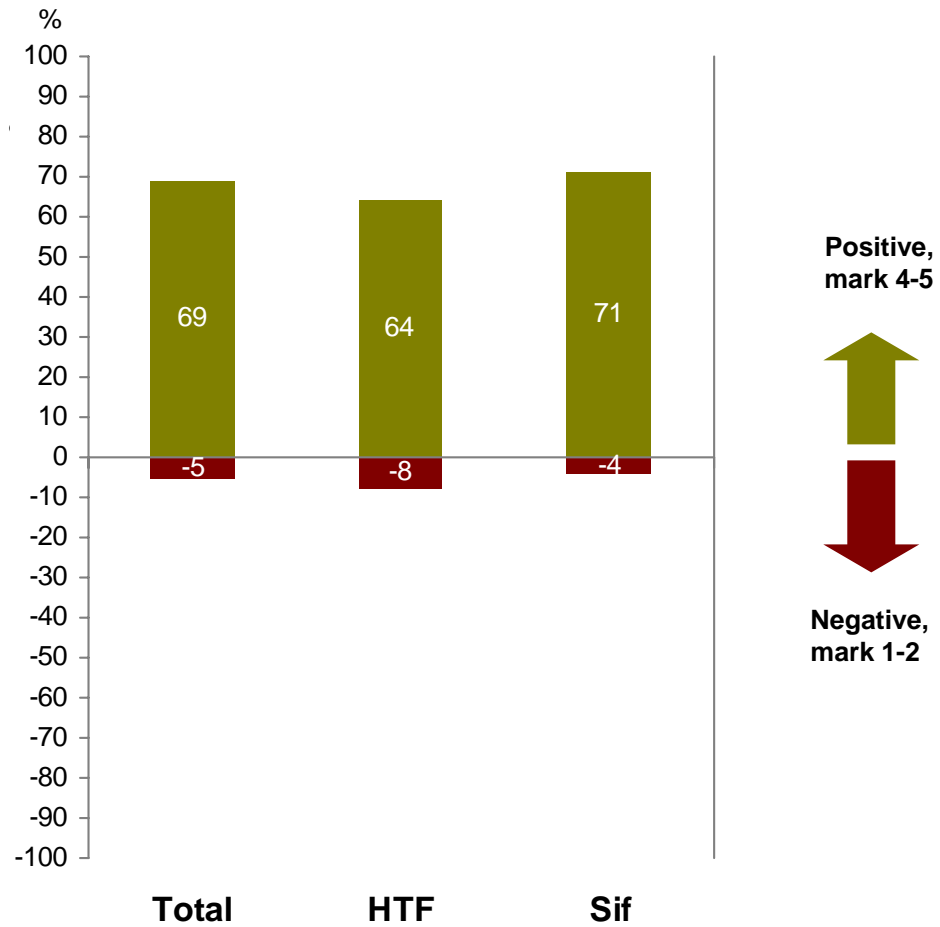
Base: Have access to occupational health service, 2063 IP (HTF 543 IP, Sif 1520 IP)

How is the occupational health service used? (Several alternatives are possible.)



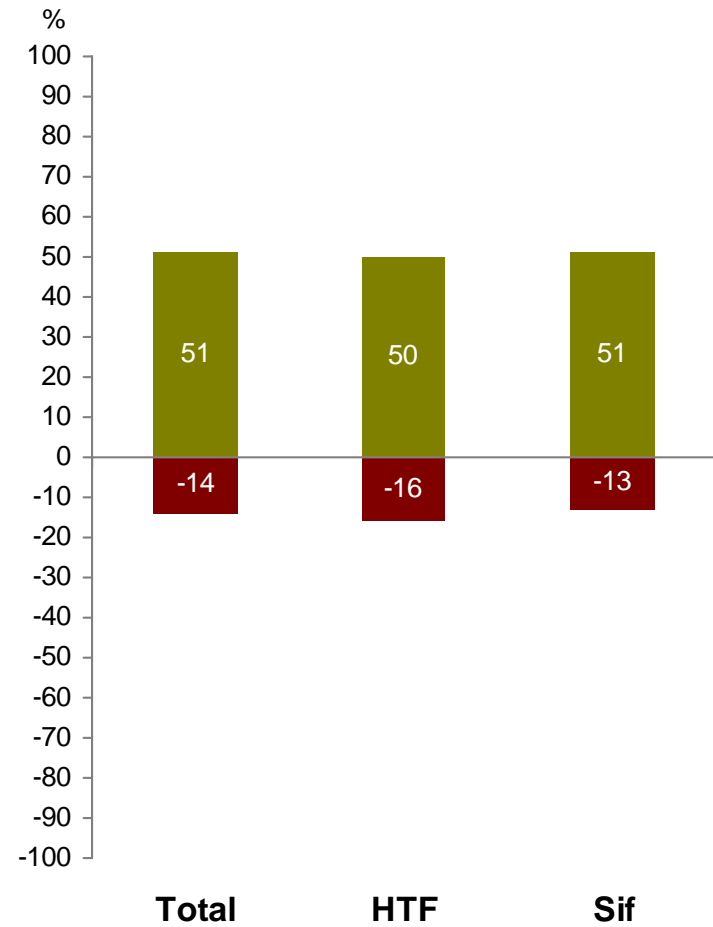
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

What is your opinion regarding the physical work environment, at the work place?



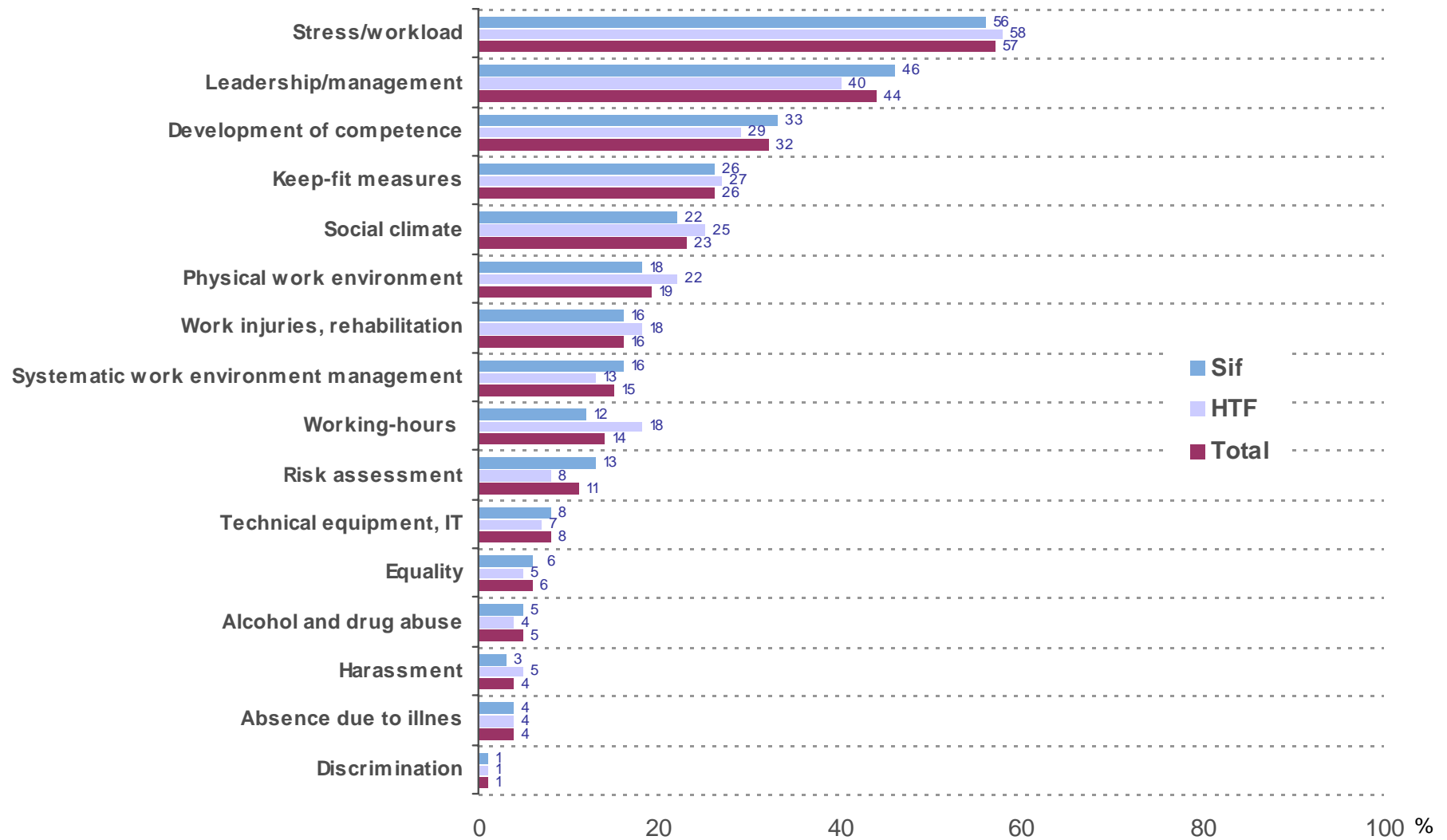
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

What is your opinion regarding the psychological and social work environment, at the workplace?



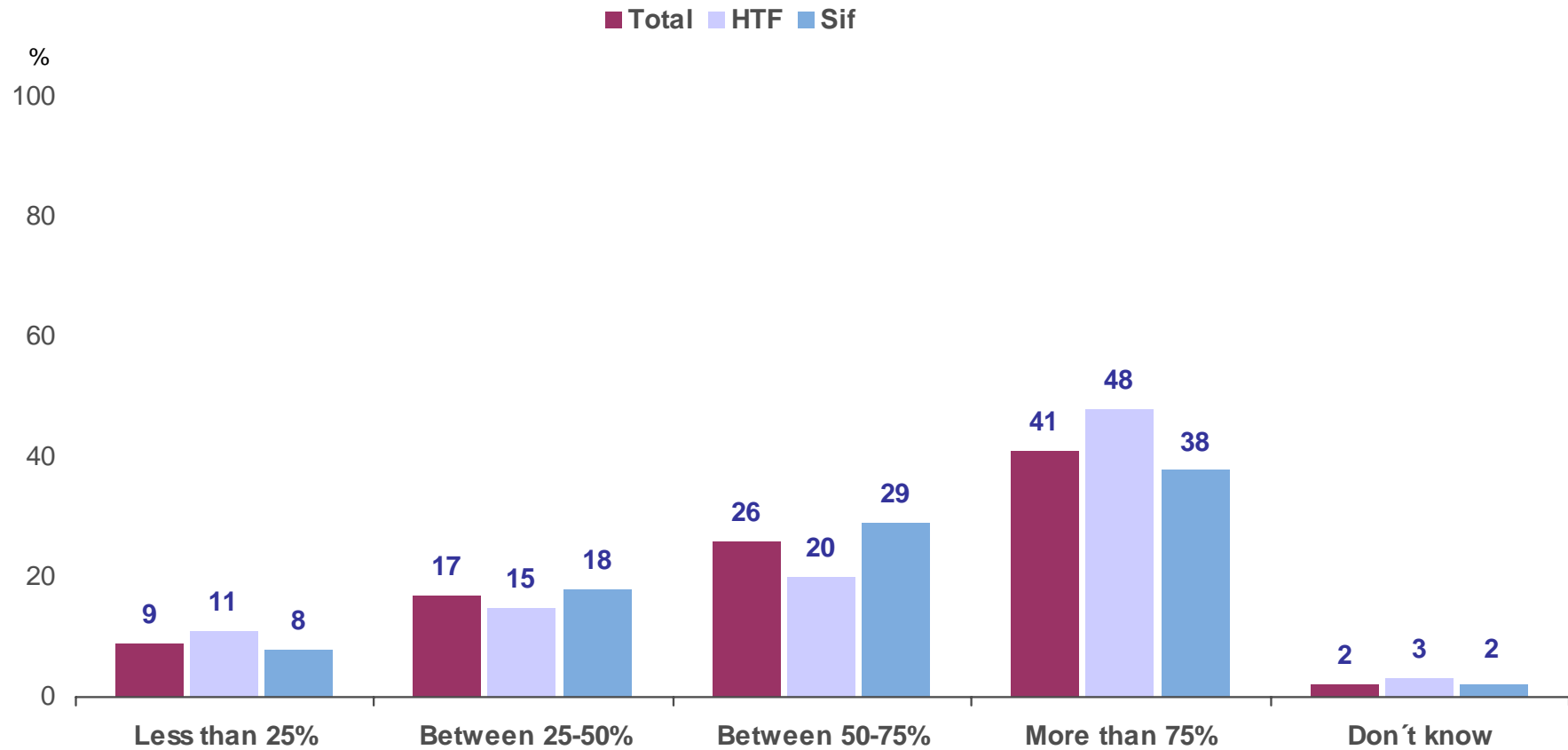
Base: All, 2277 IP (HTF 659 IP, Sif 1618 IP)

Choose the three most important areas to work with at the workplace.



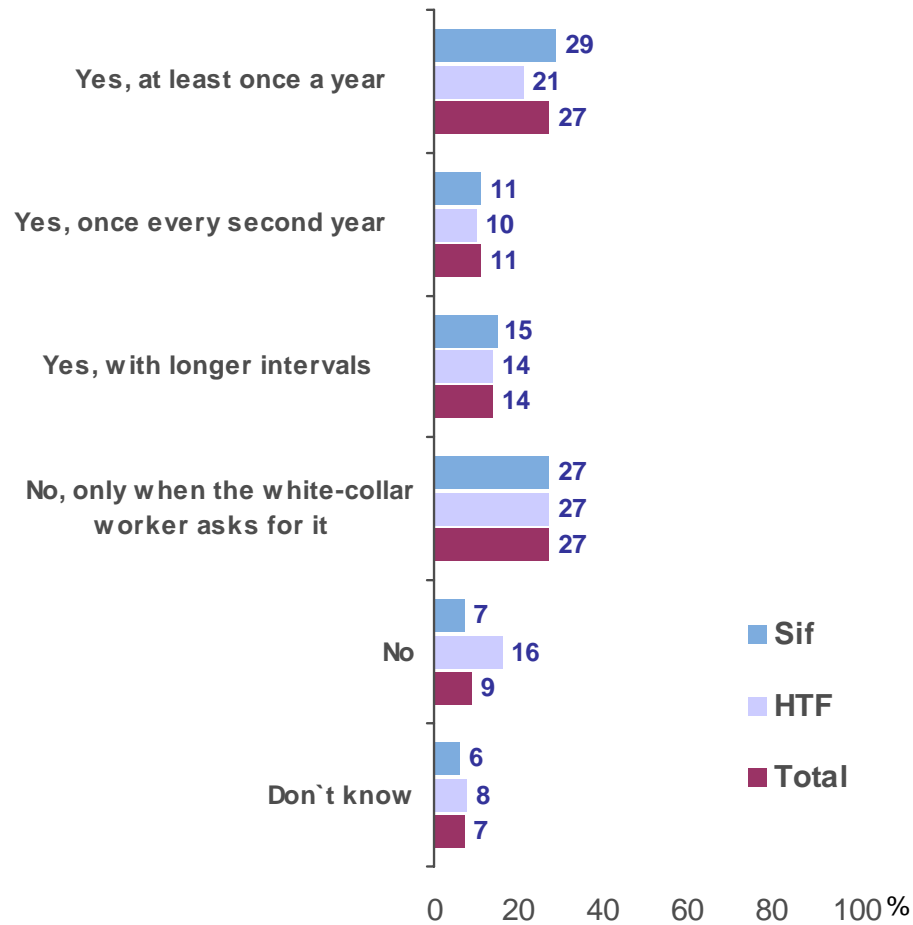
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

What percentage of the white collar employees sits still during more that 50 % of their working time, for instance in front of a computer?



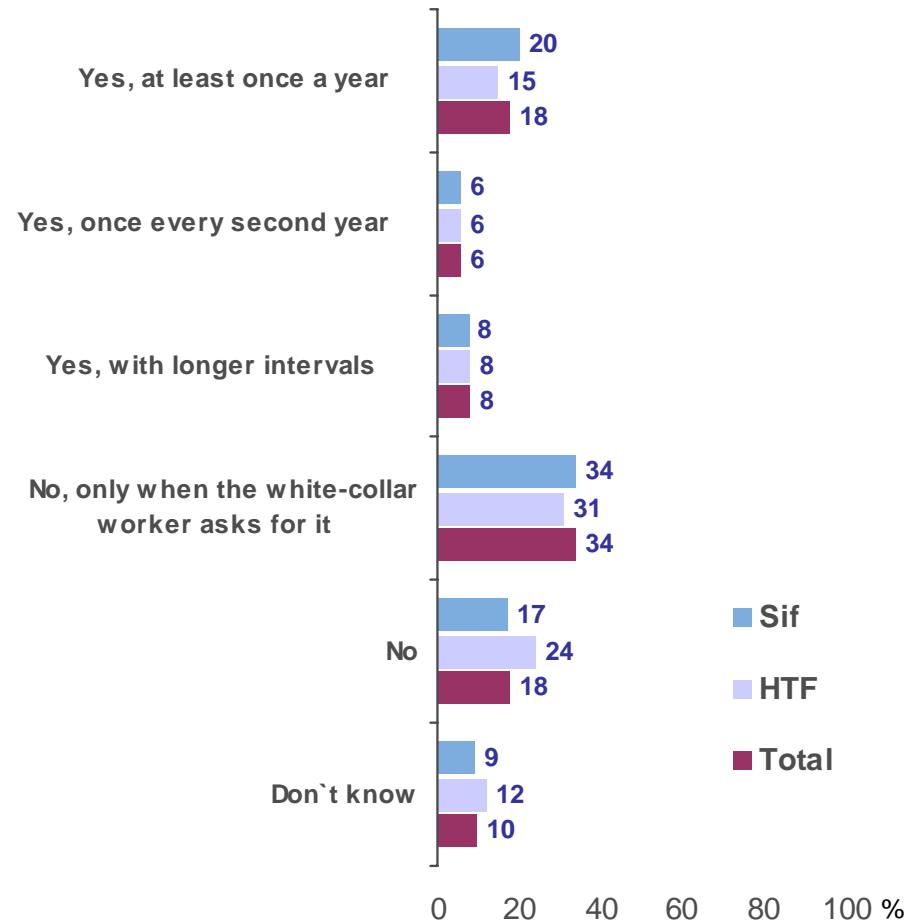
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Does the company regularly carry out investigations to identify risks in the physical work environment of white-collar workers in order to prevent MSD ?



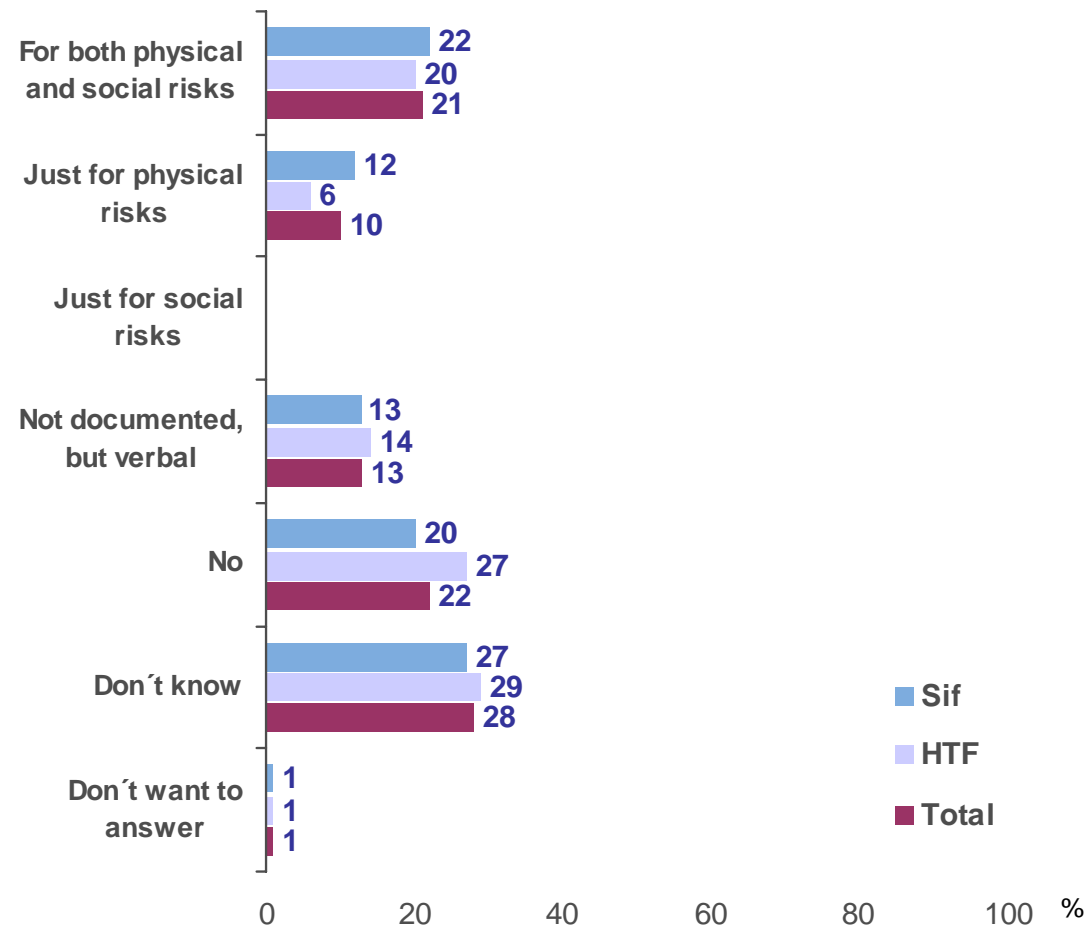
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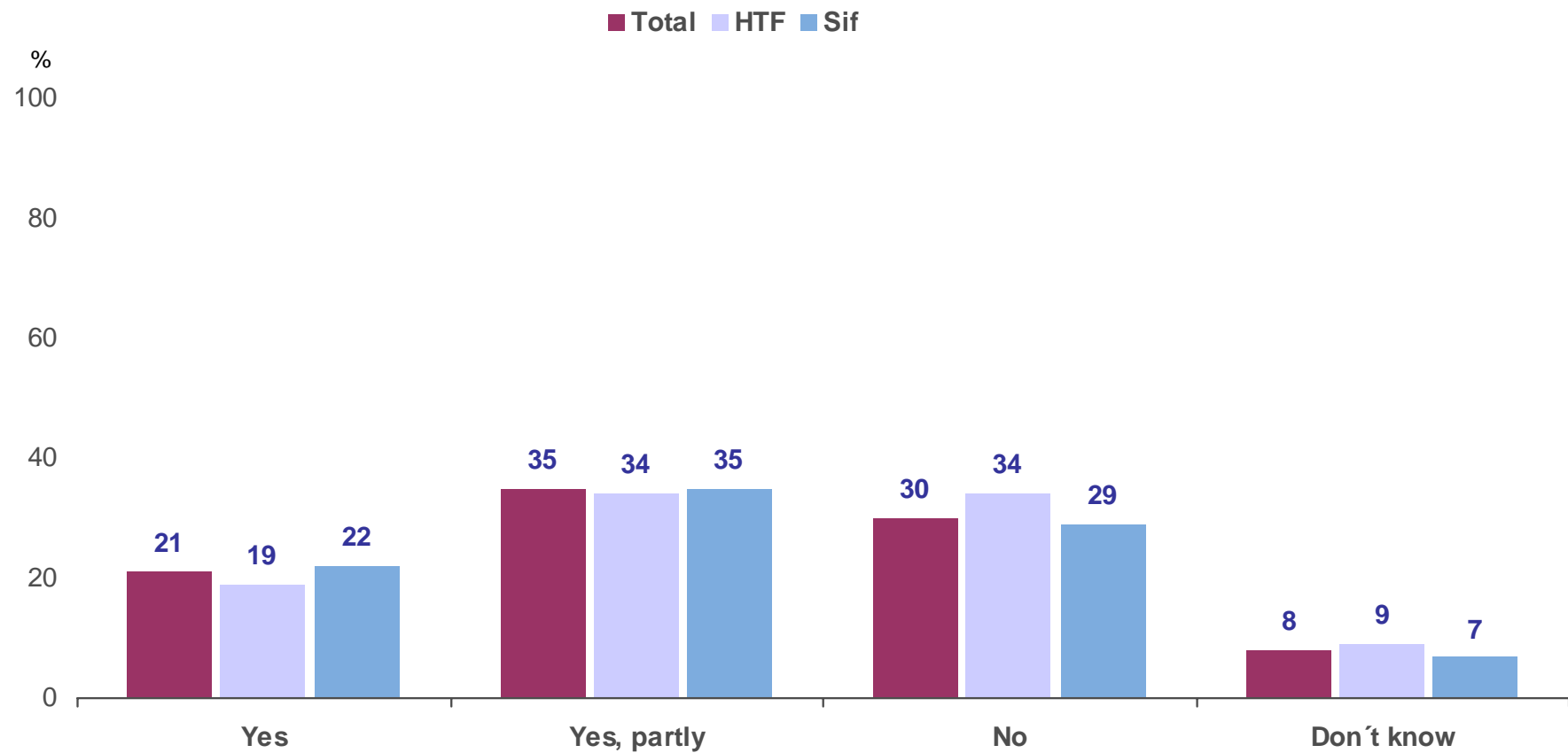
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Does the company produce a documented action plan with actions to eliminate/reduce the risks of MSD that have been assessed for the white collar employees?



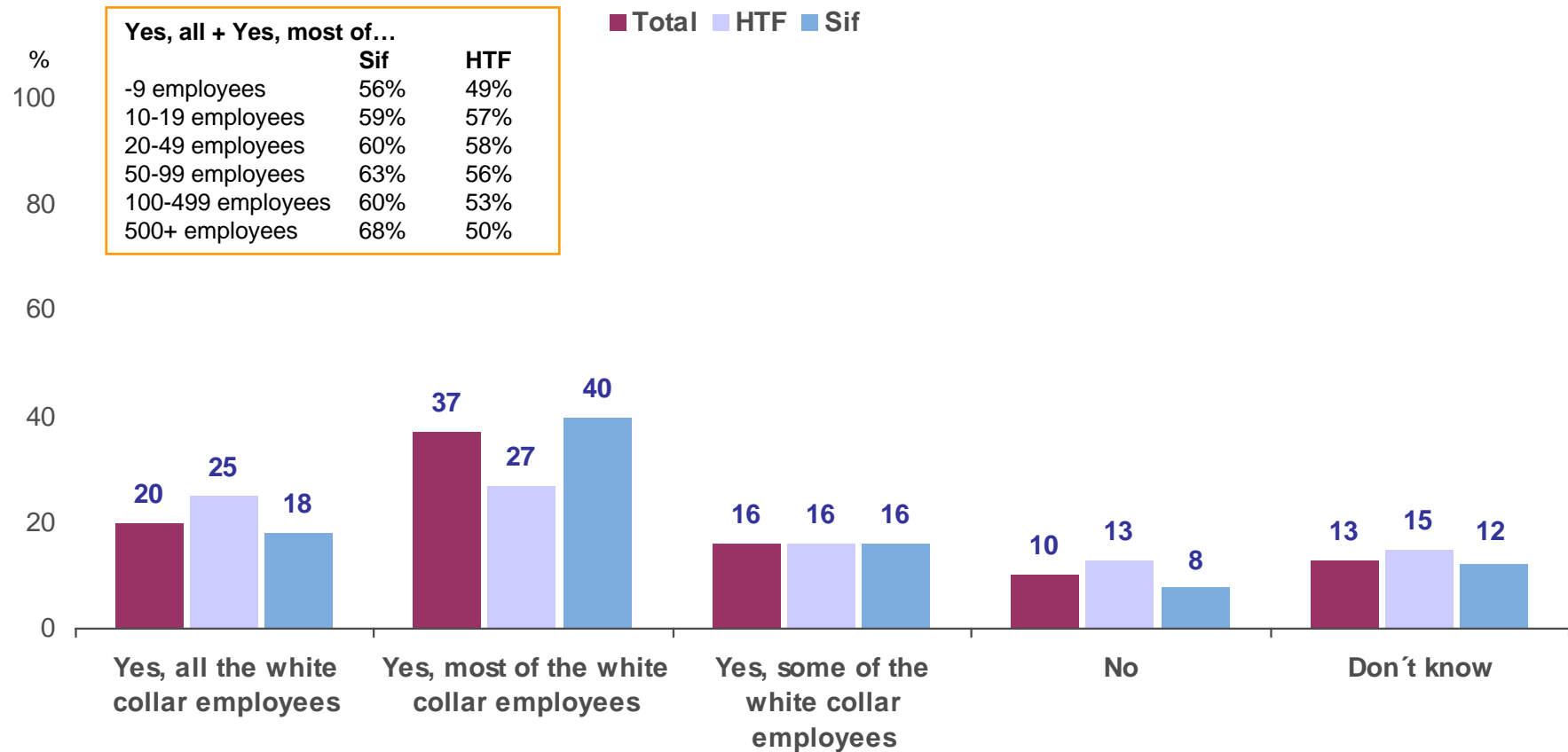
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Does the employer co-operate with you as a safety delegate in questions regarding MSD ?



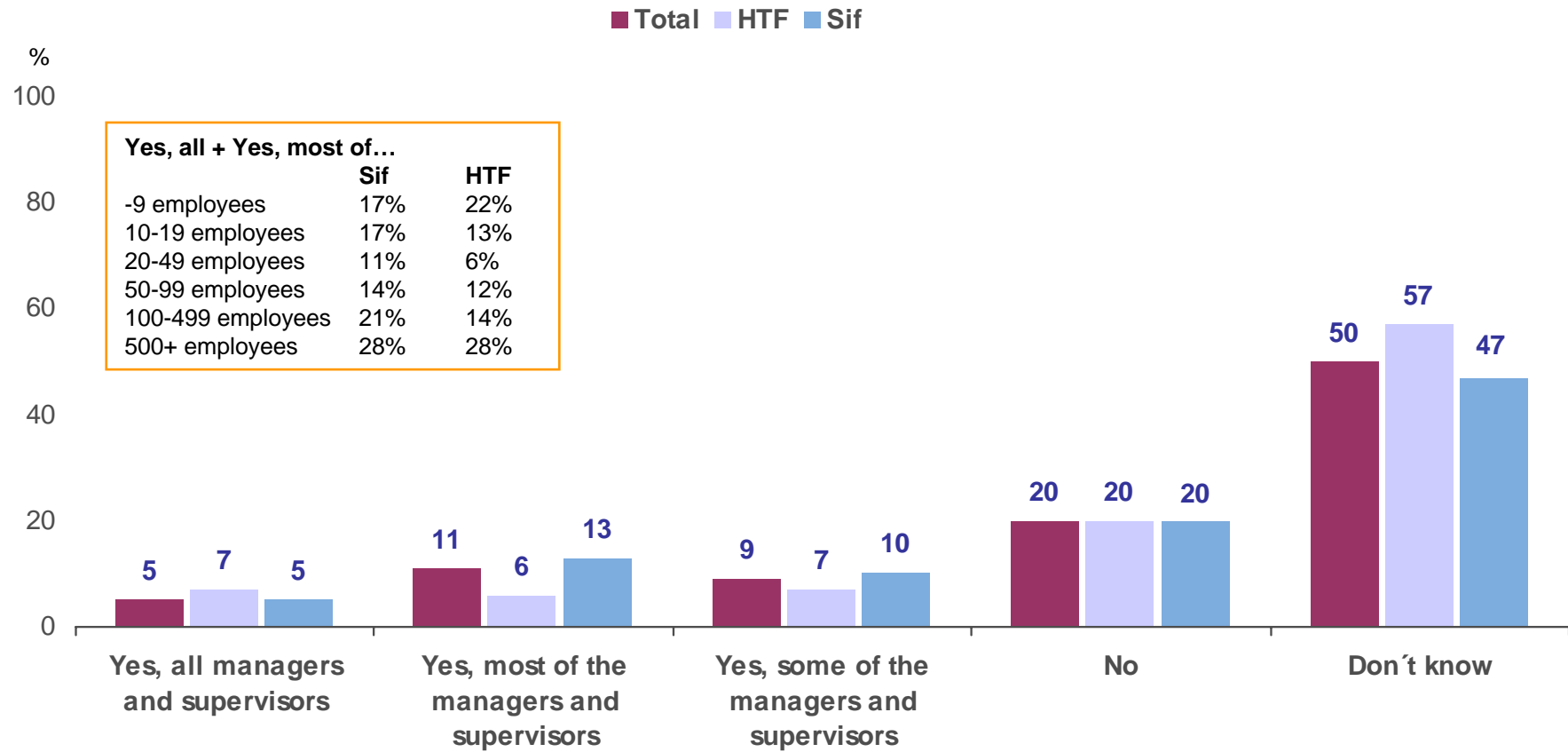
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Have the white collar workers at the work place been given knowledge on how to prevent MSD (i.e. information about ergonomic aspects of the workplace, links between strain/stress and MSD, the importance of physical activity)?



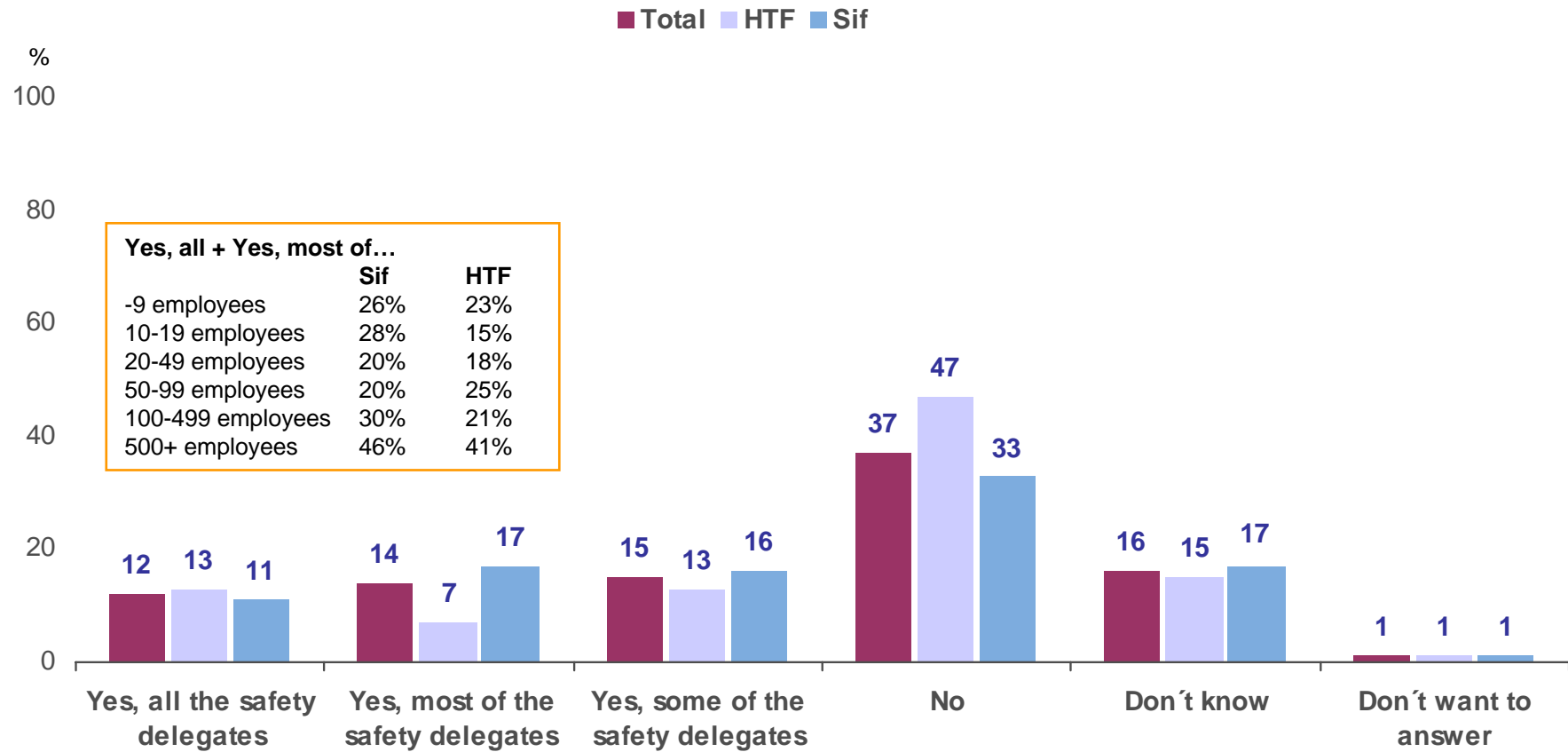
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Have the managers and supervisors at the workplace been given training that includes knowledge on how to prevent MSD for the white collar workers?



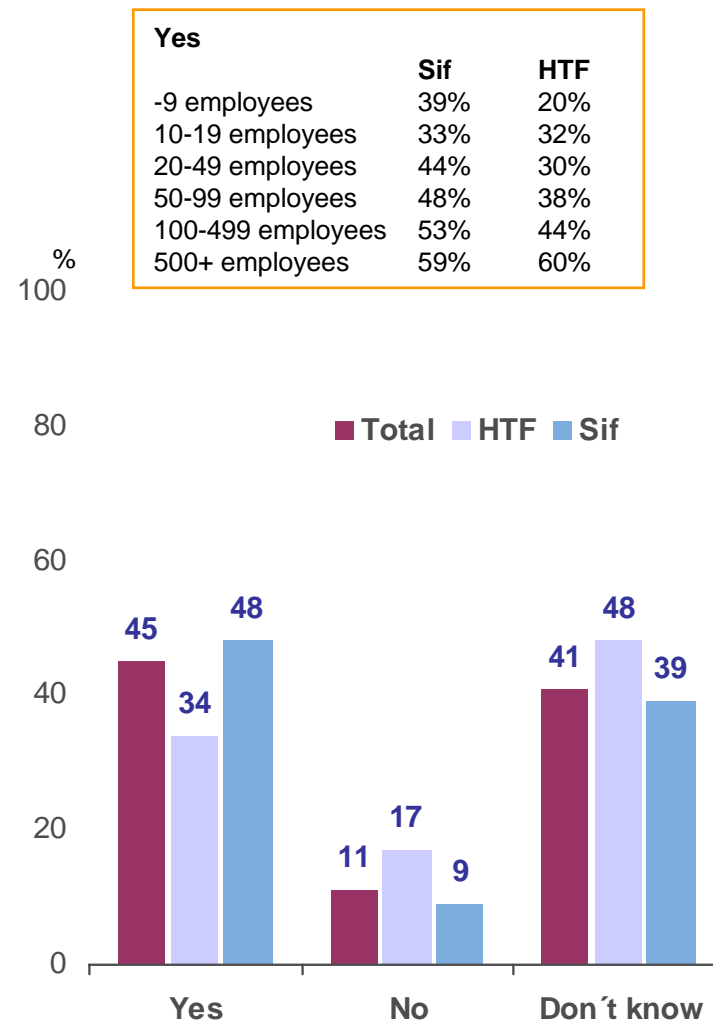
Base: All, 2370 IP (HTF 680 IP, Sif 1690 IP)

Have the safety delegates at the workplace been given training that includes knowledge on how to prevent MSD for the white collar workers?



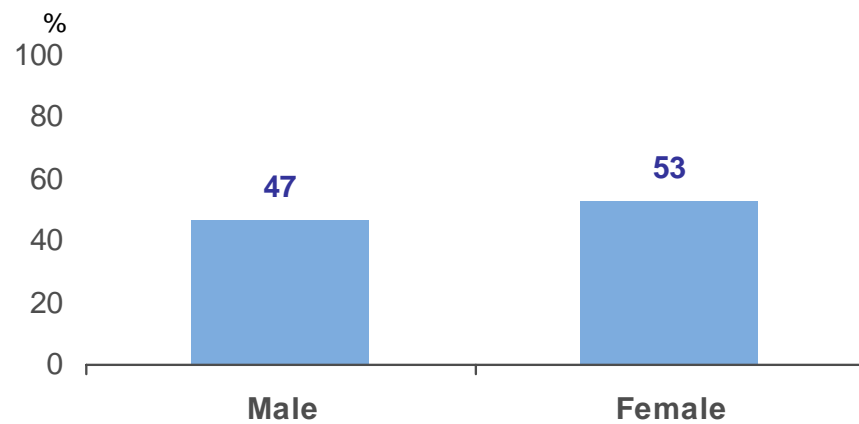
Bas: Have an agreement with the occupational health service, 2065 IP (HTF 543 IP, Sif 1522 IP)

Does the agreement with the occupational health service include preventive work to avoid MSD among the white collar employees?

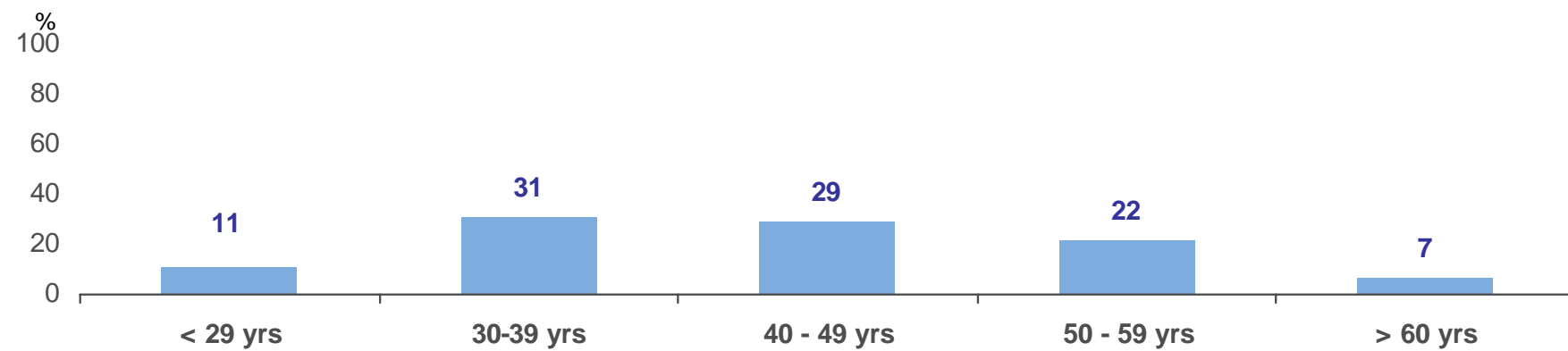


Background data of the members of Sif

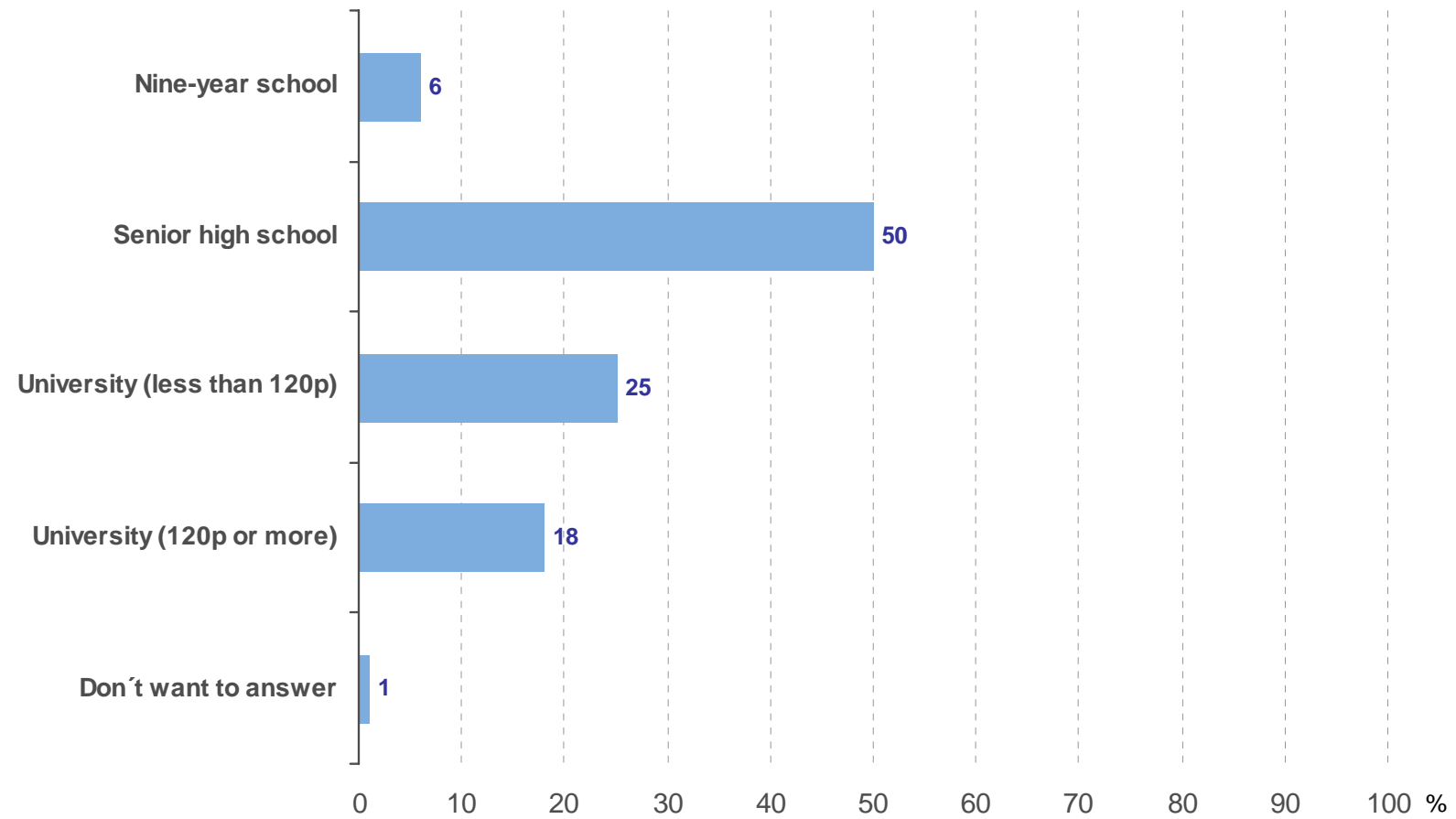
Sex



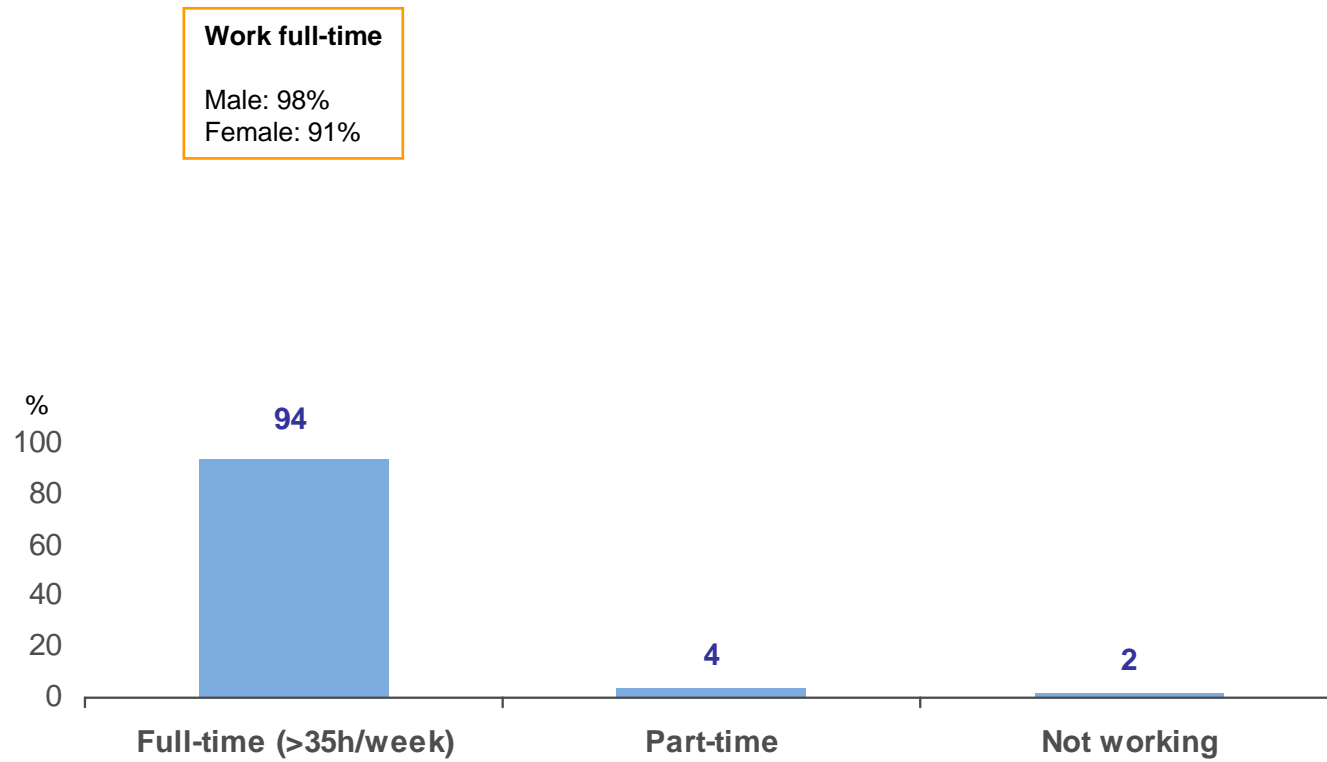
Age



Education

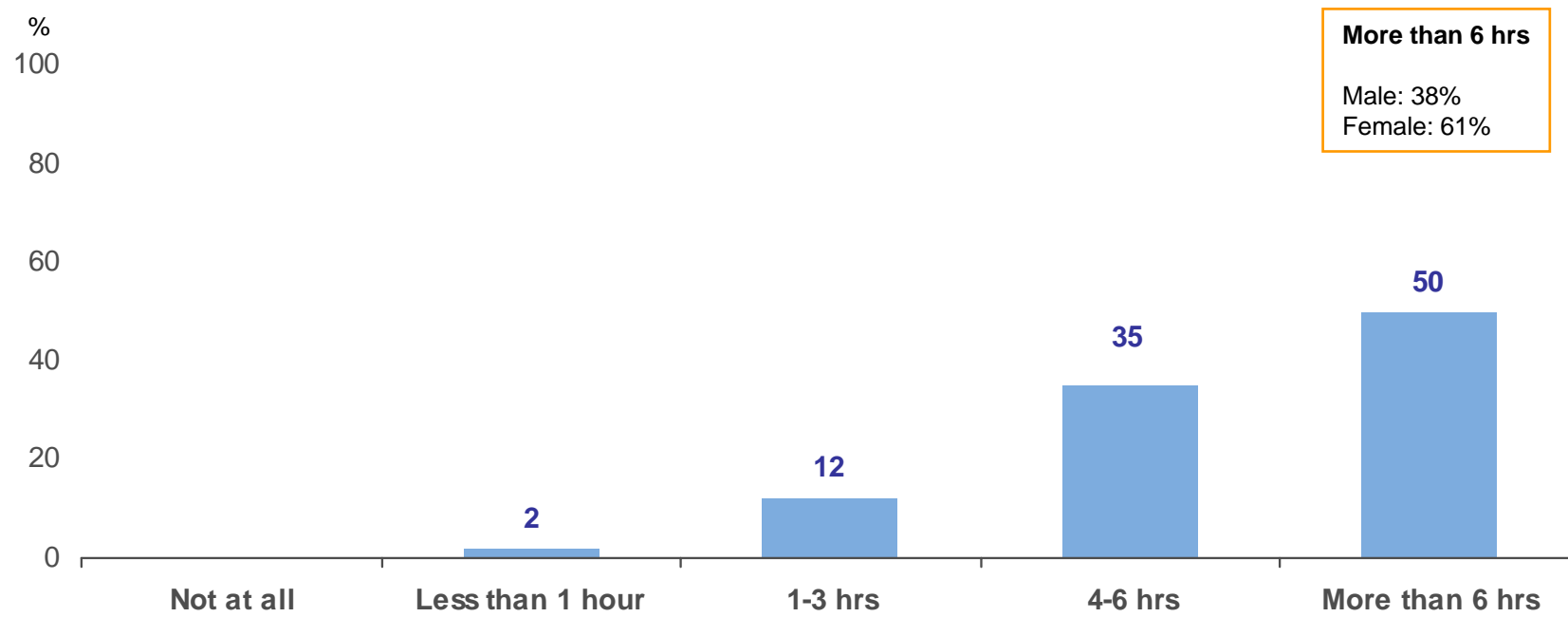


Do you work full-time or part time?

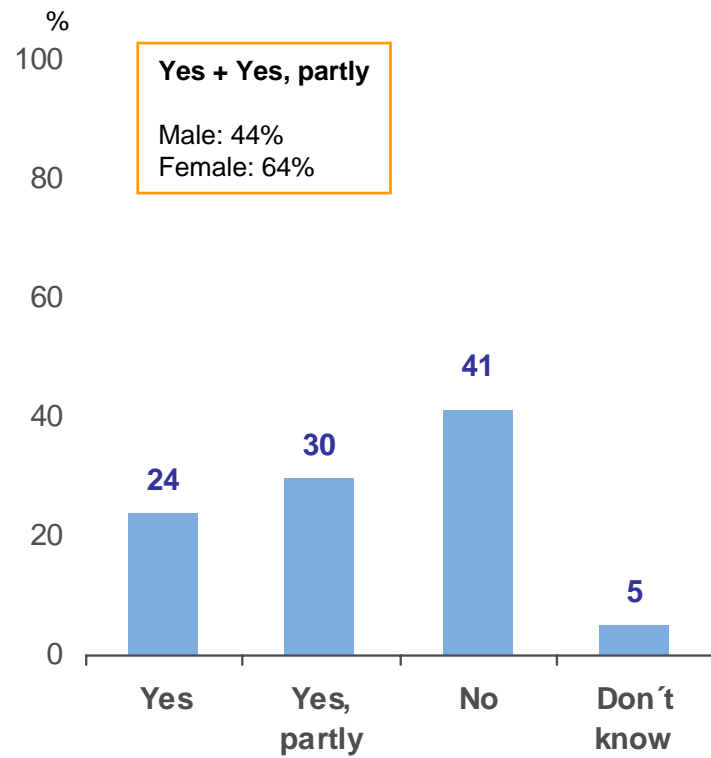


Results of the members of Sif

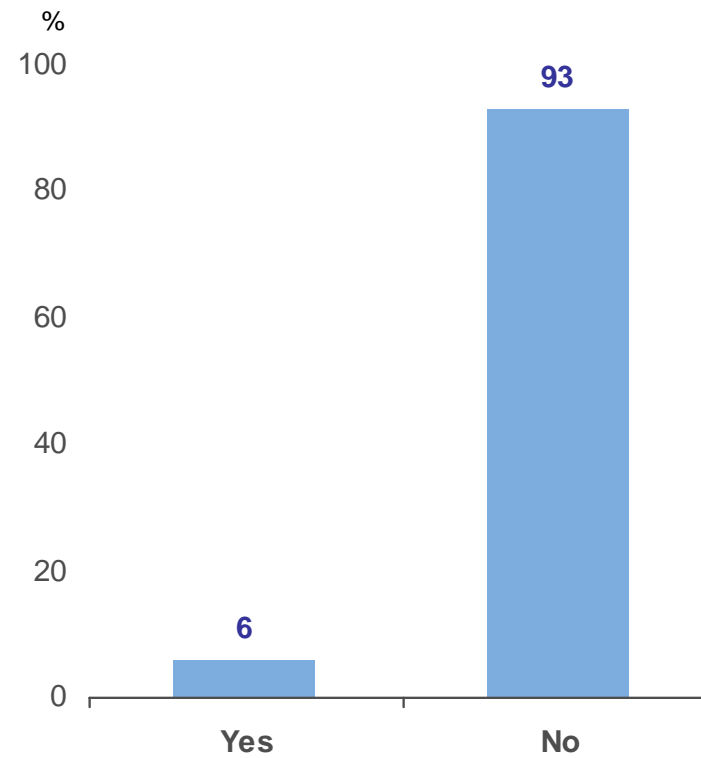
Fråga: For how long do you work in front of a computer each day?



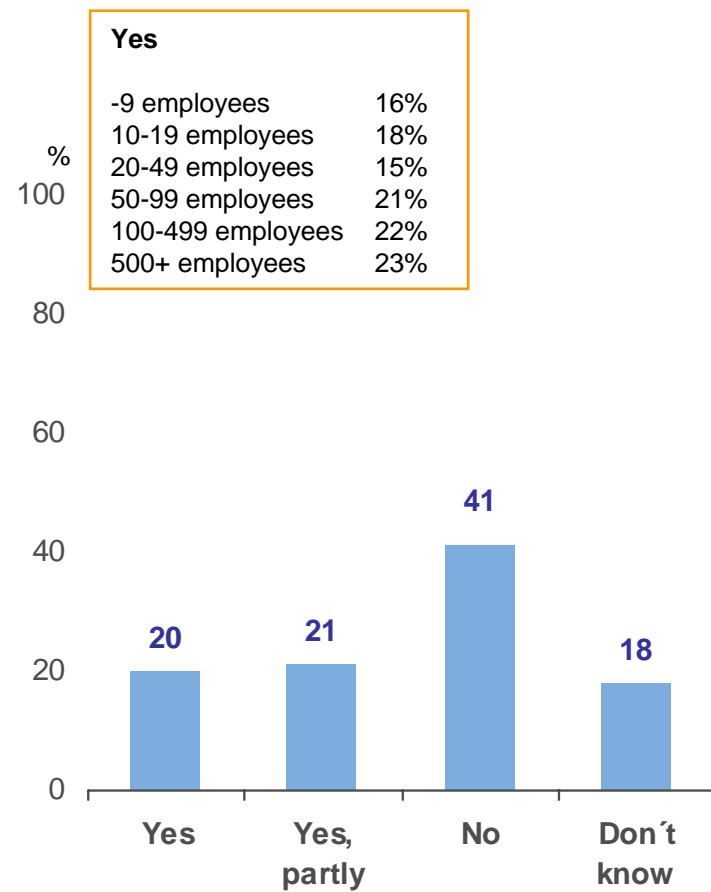
Have you experienced MSD due to the physical and/or the psychological/social work environment during the last twelve months?



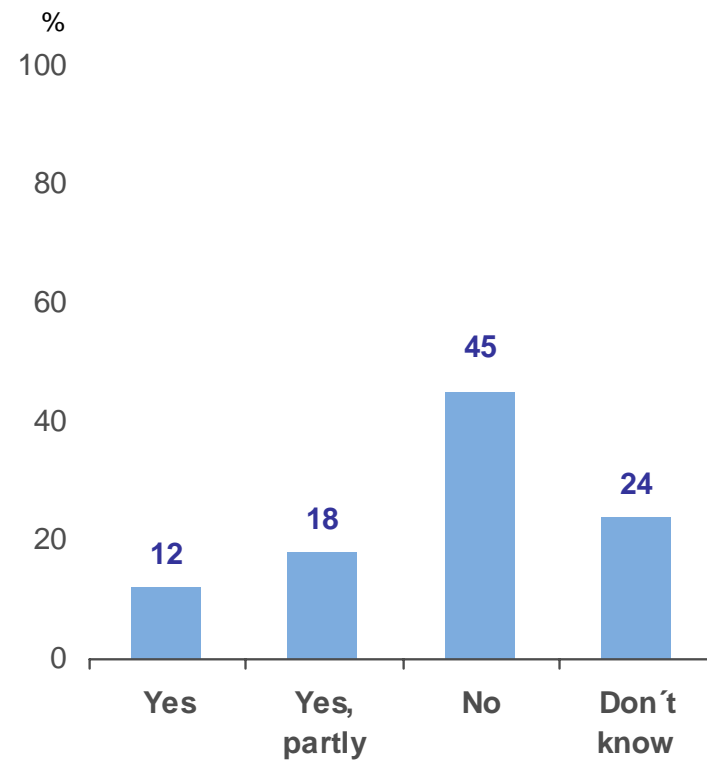
Have you, due to the MSD, been on sick leave during the last twelve months?



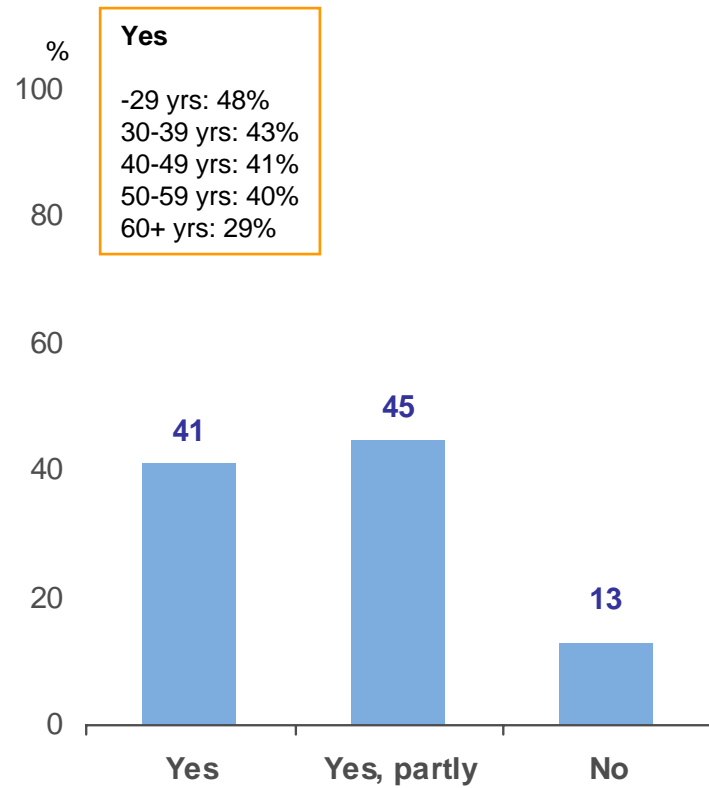
Does the company regularly carry out investigations of the physical work environment to identify risks for MSD among the white-collar workers?



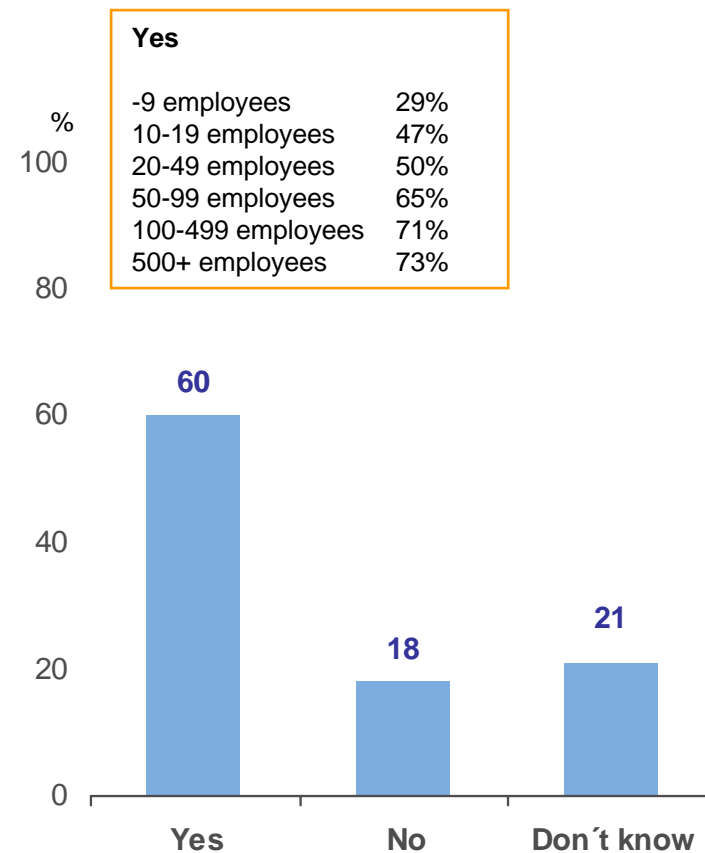
Does the company regularly carry out investigations of the psychological and social work environment to identify risks for MSD among the white-collar workers?



Fråga: Do you feel the need for more knowledge of how to prevent MSD?



Is there any safety delegate at the workplace that you contact to get support/help?



Some conclusions
and needs for the future

Questions about MSD – International survey?

- What percentage of the employees sits still during more than 50 % of their working time, for instance in front of a computer?
- Does the company have white-collar employees who have been/are on sick leave because of MSD during the last twelve months?
- Does the company regularly carry out investigations to identify risks in the physical work environment of white-collar employees in order to prevent MSD?
- Does the company regularly carry out investigations to identify risks in the psychological and social work environment of white-collar employees in order to prevent MSD?
- If the company carry out investigations to prevent MSD: Do you use a certain specified document to carry out the investigations (checklists, surveys)?

- Does the company produce a documented action plan with actions to eliminate/reduce the risks of MSD that have been assessed?
- Have the white collar workers of the company been given knowledge on how to prevent MSD?
- Have the managers and supervisors of the company been given training that includes knowledge on how to prevent MSD?
- Does the company use occupational health services to work preventive in order to avoid MSD among the white collar employees?

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