

Draft Survey on Bullying

This survey is totally confidential and is being conducted to get an idea of the extent of bullying that may exist in XXXX. Bullying means the misuse of power or position to intimidate or humiliate someone on a regular and persistent basis. Workplace bullying is usually, though not always, carried out by people in positions of power. Bullying and abuse can also come from work colleagues or members of the public.

- ☐ Male
- ☐ Female

Have you ever been bullied at this place of work YES/NO

Are you currently being bullied YES/NO

Have you seen anyone else bullied YES/NO

(If you have answered yes to the first two questions please complete the following, otherwise please go to the end.)

If you are being bullied or have been bullied, who was responsible?
(please tick boxes)

- ☐ Line Manager
- ☐ Other Manager
- ☐ Member(s) of the public (customers, clients, etc)
- ☐ A colleague
- ☐ A group of colleagues
- ☐ Other (please give details)

What form does or did the bullying take?

- ☐ Threats
- ☐ Shouting or verbal abuse
- ☐ Humiliation
- ☐ Excessive criticism
- ☐ Constantly changing instructions
- ☐ Excessive workloads
- ☐ Setting unrealistic targets
- ☐ Refusing reasonable requests (i.e. for leave or training)
- ☐ Other (please specify)

How has bullying affected you?

- ☐ Loss of confidence and self esteem
- ☐ Anxiety
- ☐ Depression
- ☐ Headaches
- ☐ Loss of appetite
- ☐ Loss of sleep
- ☐ Irritability
- ☐ Increased alcohol consumption
- ☐ Increased use of tobacco
- ☐ More time off work
- ☐ Fear of going to work
- ☐ Other (please specify)

Have you raised the problem?

YES/NO

If yes, who with?

- ☐ Line Manager
- ☐ Other Manager
- ☐ Human Resources/Personnel
- ☐ Union representative
- ☐ Colleagues
- ☐ Other (please specify)

Was action taken? If so, what action was taken?

If action was taken, did the situation improve?

YES/NO

Any other comments?

Please return to xxxxxxxxxx by xx/xx/xxxx